



DEAR PARENTS,

You can help your older kids enjoy Primary even while they look forward to moving on. Remind them that part of growing up is growing closer to Heavenly Father and Jesus Christ, no matter where they are.

On page 40, read about Gift's experience with Primary. Then turn the page and help your child write down their best Primary memories!

The Friend



HAPPY, HEALTHY KIDS

Everyone needs fresh air and sunshine! Spend some time in nature with your family and take time to appreciate God's creations, like Emily and her mom did on page 30.



PLEASE SEND YOUR SUBMISSION TO:

- Friend Magazine
- 50 E. North Temple St., Rm. 2393
- Salt Lake City, UT, USA 84150-0024
- Or email: friend@ChurchofJesusChrist.org

The following information and permission must be included:

First and last name		
Age	Boy / Girl	State / Province / Region, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian	Date
Email of parent or legal guardian	



May the *Friend* contact you with a survey?

 YES NO