# Preparing to Teach a Life Preparation Lesson

Life Preparation lessons help students prepare for both life's challenges and wonderful opportunities. Like all other Scripture Course lessons, Life Preparation lessons are designed to help youth deepen their conversion to Jesus Christ and His restored gospel, qualify for the blessings of the temple, and prepare themselves, their families, and others for eternal life with their Father in Heaven. These lessons are centered on Jesus Christ, rooted in the word of God, and focused on meeting student needs.

There are a few important skills that can help you effectively prepare to teach in order to accomplish the S&I Objective. Consider the following analogy: An archery coach that is preparing to instruct will need to provide a target, a bow and arrow, and opportunities for every student to practice. Let's apply this analogy to preparing to teach a Life Preparation lesson.

#### **LESSON PURPOSE**



The lesson purpose provides a clear target for what we hope students will know, feel, or do as a result of the learning experience. When we have a clear lesson purpose for student learning we can be more focused on what we invite students to do during the lesson.

Skill 1: Identify and mark the lesson purpose found in the last sentence of the introduction paragraph of the lesson.

### **BOLDED TRUTH**



The bolded truth found in the scriptures and teachings of Church leaders, like the bow and arrow, provides students with the tools necessary to accomplish the lesson purpose. When the learning experience is anchored in the word of God, it is more likely that students will learn by the power of the Holy Ghost.

Skill 2: Find the bolded truth in the lesson and mark where it is found in the scriptures and teachings of Church leaders.

## **DEMONSTRATE LEARNING**



The learning activity near the end of the lesson allows each student to demonstrate their learning or an opportunity to try firing an arrow at the target. Some examples of what students might do in this learning activity include writing in a journal, explaining, sharing, making a plan, practicing a skill, or creating something.

Skill 3: Identify and mark the activity in the lesson where students are given the opportunity to demonstrate their learning according to the lesson purpose.

## **PONDER OR DISCUSS**

- Because you have been invited to "teach about Jesus Christ no matter what you are teaching," what are some ways you can make each lesson more Christ-centered?
- How can regularly practicing these three skills help you prepare learning experiences that deepen students' conversion to Jesus Christ and His restored gospel?

