

# Find a Better Job

## (Self-Reliance Group)



### Needs

Searching for a job can be difficult, complex, and stressful. Employment is critical to self-reliance, but many qualified people struggle to find work because they lack job-seeking skills. This struggle can negatively affect their finances, relationships, and mental and spiritual health.



### Description

The Find a Better Job group helps qualified, job-ready, and actively searching job seekers learn practical job-search skills. It can help them pursue the right activities and work with God to find employment as quickly as possible. Under the direction of a group facilitator, group members follow a course manual. The length of the course can be set by the group and priesthood leaders. It may be held in Saturday-only groups, 3-week groups, 9-week groups, or 12-week groups.



### Who is this for?

This is for any job seeker who is ready and qualified to get and keep a job. It is for those prepared to work hard in the job-search effort. People who are not currently qualified for the job they want or who may not be job-ready can counsel with their Church leader, who can direct them to other Church and community resources. The group is not limited to Church members; anyone is welcome to attend.



### How it works

Find a Better Job can be implemented as a self-reliance group (in person or virtual). Depending on the needs of the local unit and group members, the materials can be completed over different time periods. For example, group members could complete the materials over 12 weeks, meeting for two hours per week. For an accelerated schedule, they might complete two five-hour sessions by meeting on two back-to-back Saturdays.

Some people don't feel comfortable learning job-search skills in a group setting. This manual can also be reviewed and practiced alone or in one-on-one coaching situations with a welfare and self-reliance specialist.

For best-practices for virtual meetings see [ChurchofJesusChrist.org/self-reliance/course-materials/facilitating-groups](https://ChurchofJesusChrist.org/self-reliance/course-materials/facilitating-groups).

A printed version of the manual is available to purchase at [store.ChurchofJesusChrist.org](https://store.ChurchofJesusChrist.org), and a digital version and supporting videos are available on the Gospel Library.



### Where to learn more

Visit [ChurchofJesusChrist.org/self-reliance/course-materials/find-a-better-job](https://ChurchofJesusChrist.org/self-reliance/course-materials/find-a-better-job).

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### Contact: