

Emergency Psychosocial Services



Needs

Following a disaster or critical event, such as an accident or unexpected death, people may experience emotional reactions such as shock, grief, worry, stress, and sadness. Some people may need supportive psychosocial services or crisis intervention to help them cope.



Description

Family Services counselors can give help after a disaster or critical incident. They do this at the request of Church leaders. They can counsel with leaders and provide assessments, crisis intervention, counseling, or assistance with finding the right resources. All services are designed to increase well-being and emotional self-reliance.

Emergency Response Telesupport:

When emergency response psychosocial services cannot be provided in person, Family Services can offer telesupport (by phone or video-conference) at the request of mission presidents, stake presidents, bishops, or leaders in the ward council. Church leaders can contact Family Services to coordinate an urgent-care call for members in need. Emergency response telesupport is crisis counseling, not therapy. The call is typically a one-time contact, lasting 10–20 minutes. Emergency response telesupport does not require any paperwork or payment.



Who is this for?

Emergency emotional support services are for members who experience distress related to a disaster or critical event. Assistance is also available for Church leaders and ministering brothers and sisters who provide comfort and support.



How it works

Following a disaster or critical event, Church leaders contact their local Family Services professional. They will consult about possible needs and available resources, which can include individual, family, small group, or large group crisis support. Family Services staff can teach emotional resilience and recommend appropriate actions to take.



Where to learn more

The following website provides information about Family Services resources and how to find a Family Services office:

ProvidentLiving.ChurchofJesusChrist.org/lds-family-services

The following page provides counseling resources for Church leaders addressing a number of social, emotional, and welfare issues:

ChurchofJesusChrist.org/study/manual/counseling-resources

[Life Help](#) on the Church website and the Gospel Library app provides additional resources for psychosocial well-being and welfare support.

Leader consultation services:

- United States and Canada: Call the Family Services contact number listed in the Church Directory of Organizations and Leaders.
- International: Call the area office to contact the area Family Services representative.

Contact: