

5 Ways to Do Family History

By Charlotte Larcabal Speakman

1 Learn your family stories.

Any story about your family members counts. Some might be about your ancestors, and some might be about you! Family stories don't all have to be about big events. Some of the best family stories are just fun.

2 Learn about the countries your ancestors are from.

If your ancestors are from a different country, find out a little more about that country. What do they eat there? What are some traditions in that country?

3 Ask questions.

Ask your grandparents, parents, aunts, and uncles questions about their lives. Where were they born? What was their childhood like? What's a favorite memory? Take notes or record your conversation.

4 Keep a journal.

Write your own family history in a journal! You can write about your day, what you like, how Heavenly Father helps you, or what is important to you.

5 Find new names.

You can use [FamilySearch.org](https://www.familysearch.org) to find the names of people to take to the temple, like Javi did. (Read his story on page 36.) Ask a trusted grown-up for help and see who you can find!