

## **Connected by Covenants**

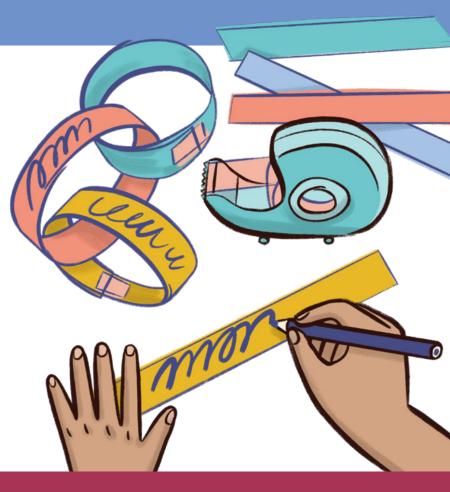
FUNSTUFF

Covenants link us to Heavenly Father and Jesus Christ. By keeping our covenants, we can receive heavenly help and strength. President Nelson taught, "Once you and I have made a covenant with God, our relationship with Him becomes much closer.... Because of our covenant with [Him], He will never tire in His efforts to help us."\*

\*The Everlasting Covenant," *Liahona*, Oct. 2022, 6.

Make a chain of links to remind you of your baptismal covenant! Then hang it somewhere you will see it.

- 1. Cut six strips of paper about 1 inch (2.5 cm) wide and 8 inches (20 cm) long.
- 2. On each strip, write one of the ways you can keep your baptismal covenant. (The list below can help.)
- 3. Take the first strip and tape the ends together to make a circle. Then loop the next strip through the circle and tape those ends. Keep adding links until you have a chain!



## Always remember Jesus Christ

(see Doctrine and Covenants 20:77, 79)

## Serve God and keep the commandments

(see Mosiah 18:10 and Doctrine and Covenants 20:77)

## Testify of Jesus Christ and be an example

(see Mosiah 18:9 and Doctrine and Covenants 20:77, 79) Help others (see Mosiah 18:8–9)