

Self-Reliance Plan



Needs

When Church members are struggling with self-reliance, it's important for leaders to understand the challenges faced. This will help them find likely solutions for immediate, short-term, and long-term self-reliance needs. The Self-Reliance Plan form can help leaders and members analyze needs and make a plan for moving forward.



Description

The Self-Reliance Plan form helps members assess needs, income, and expenses. It will help them create a plan with their leader for becoming more self-reliant. It can be used to help find possible resources and identify types of service the members can give in return for support received. The Self-Reliance Plan form replaces the formerly used Needs and Resources Analysis and Needs and Resources Analysis Supplement.



Who is this for?

This form is for members seeking to become self-reliant (for example, a member receiving Church assistance).



How it works

The Self-Reliance Plan is available on the Church's website in both interactive and printable forms. The member fills out the form alone or with help from a mentor. The leader then meets with the member to review the plan together. If needed, the leader can suggest additional resources from the Lord's

storehouse. These include the member's own resources and family as well as community and Church resources. The member makes commitments, and the bishop or assigned leader follows up regularly with the member. These assigned leaders could be the Relief Society and elders quorum presidencies, ministering brothers and sisters, or ward welfare and self-reliance specialists (see *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*, 22.6.5, [ChurchofJesusChrist.org/study/manual/general-handbook/22-providing-for-temporal-needs?id=title_number68#title_number68](https://www.ChurchofJesusChrist.org/study/manual/general-handbook/22-providing-for-temporal-needs?id=title_number68#title_number68)). They will discuss further needs, concerns, and progress made on the plan.



Where to learn more

The Self-Reliance Plan is available in 39 languages on the Church's website: [ChurchofJesusChrist.org/callings/welfare-self-reliance/self-reliance-plan](https://www.ChurchofJesusChrist.org/callings/welfare-self-reliance/self-reliance-plan).

Contact: